



Near Death Experience June 3-6, 2010 Itinerary

Thursday, June 3th

8:00 - 8:30pm

Rider Social and NDE packet pickup in the “Off the Wall Bar & Grille” located in the Lodge at Kirkwood.

8:30 - 9:00pm

Brief orientation meeting with Robert Panzera and Kirkwood staff.

Friday, June 4th

7:00 - 8:00am

Breakfast at the Off the Wall Bar & Grille.

8:30am

Group Photo in Front of “The Lodge” at Kirkwood. Safety Clinic prior to roll out.

9:00 - 11:30

Ride from Kirkwood to Woodfords. Regroup at top of Carson Pass for Descending Clinic.

11:30am - 1:30pm

SAG Lunch at Pickets Junction Rest Stop.

3pm

Nutrition Clinic during Lunch.

5pm - 5:30pm

Return to Kirkwood.

5:30pm - 6:30pm

Social in the Off the Wall Bar & Grille.

6:30 - 8:00pm

Dinner in the Off the Wall Bar & Grille.

Near Death Seminar, Robert Panzera.

Saturday, June 5th

6:15 – 6:45am

Breakfast at the Off the Wall Bar & Grille.

7:00am

Leave on your own for *Wolf Creek* (Wolf Creek Road/Centerville Flats area about two miles from the Ebbetts/Monitor “Y”).

8:00 am

Ready to ride up to four passes (Monitor and Ebbetts).

10:00am

Cut-off for descending the backside of Monitor all the way.

11:00am

Cut-off for descending the backside of Monitor at all.

10:30am - 1:30pm

SAG Lunch at Hennan Lake on the front side of Monitor Pass. Climbing Clinic during Lunch.

2:15pm

Cut-off for descending backside of Ebbetts all the way.

3:00pm

Cut-off for descending backside of Ebbetts at all.

4pm

Latest departure from Wolf Creek.

5:30pm - 6:00pm

Social in the Off the Wall Bar & Grille.

6:00pm-7:00pm

Dinner in the Off the Wall Bar & Grille with prize give-aways and awards.

7:00pm – 8:30pm

Near Death Seminar, Robert Panzera. Complete NDE rider survey.

Sunday, June 6th

7:00 - 8:00am

Breakfast at the Off the Wall Bar & Grille.

8:30am

Leave on your own for Wolf Creek Park.

9:30am

Ride from Wolf Creek Park up Ebbetts Pass.

11:30am - 1pm

SAG Lunch on the top of Ebbetts Pass.

3pm

Event ends. Complete rider survey, goodbyes. Return home and start applying your newly acquired cycling knowledge for your best Death Ride ever!